

# Benign Prostatic Hypertrophy: How To Shrink Your Enlarged Prostate Without Drugs Or Surgery



## Synopsis

How You Can Reverse Benign Prostatic Hypertrophy: Natural, Non-Drug Ways to Shrink Your Prostate Gland Today only, get this Guide to reversing Your Enlarged Prostate for just \$0.99. Regularly priced at \$2.99. Read it on your PC, Mac, Smartphone, Tablet or Kindle device. You're about to discover information about the prostate gland, what it does, and how it can be problematic. You'll learn how a normal prostate develops "Benign Prostatic Hypertrophy" (BPH). You'll learn about the traditional surgical and drug treatments, and you'll also discover some natural remedies. If you start with the natural remedies revealed here, before the prostate enlarges to the point where they can't be effective, almost everyone will have good results, and not have to go the surgery or drug route. It's certainly possible that you'll need the assistance of a urologist with his surgical instruments or side-effect-laden drugs, but if you can avoid all that expense, hospital stays and pharmaceuticals, wouldn't that be better? You'll learn about herbs, fruits, and vegetables that have long histories as natural remedies for benign prostate hypertrophy. As near as your grocery store, you'll find remedies to shrink an enlarged prostate, that work in several different ways. You'll even learn about a 5000-year-old Indian remedy to reverse BPH symptoms. Here Is A Preview Of What You'll Learn... How an extract from a dwarf palm tree can help shrink an enlarged prostate The natural substance that's the primary BPH treatment in France, that's mostly ignored by U.S. physicians How the seeds of a relative of the common squash can help with prostate health How plant fats (Phytosterols) can reverse BPH symptoms and lower cholesterol Why it's important to get to the doctor when you first notice symptoms How Testosterone can become your enemy, not your friend And lots more! The solution to your enlarged prostate symptoms may be just down the street the drugstore. Let this BPH treatment guide show you the way. Take action! Download this Guide to Natural Benign Prostatic Hypertrophy Today. Learn safe, easy, natural BPH remedies for a limited-time low price of only \$0.99! Download Your Copy Today!

## Book Information

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## Customer Reviews

Nicely written and covers most of the of the herbal and other supplement that are helpful to deal with BPH. However it did not cover anything that would actually shrink the prostate. I seem to recall that it did not mention Cernilton/flower pollen which is probably the only herbal approach that has been shown to actually shrink the prostate. If you don't know anything about it...this is helpful. If you do...there isn't anything new here.

Very informative,,, thank you

I have read several books on BPH, & this contains a LOT of info, including some good new recommendations for a supplement. Recommended!

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Benign Prostatic Hypertrophy: How to Shrink Your Enlarged Prostate Without Drugs or Surgery  
BENIGN PROSTATIC HYPERTROPHY (BPH) The Prostate Health Diet: What to Eat to Prevent and Heal Prostate Problems Including Prostate Cancer, BPH Enlarged Prostate and Prostatitis  
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Make Stylish Shrink Plastic Jewelry Robotic Renal Surgery: Benign and Cancer Surgery for the Kidneys and Ureters 12 Lead EKG for Nurses: Simple Steps to Interpret Rhythms, Arrhythmias, Blocks, Hypertrophy, Infarcts, & Cardiac Drugs How To Avoid Prostate Surgery Side Effects: By Choosing Prostate Cancer Seed Therapy ( Brachytherapy) Sex After Prostate Cancer: A Wife's Secrets. From Prognosis, PSA Test, Surgery to Happy Ending...: By Lori Wilk Wife of Prostate Cancer Survivor. End Diabetes In 3 Weeks Without Drugs: A Step-by-Step Guide to Eating Right to Prevent and Reverse Type 2 Diabetes Without Drugs Gastric Sleeve Diet: A Comprehensive Gastric Sleeve Weight Loss Surgery Diet Guide (Gastric Sleeve Surgery, Gastric Sleeve Diet, Bariatric Surgery, Weight Loss Surgery, Maximizing Success Rate) Hypertension and You: Old Drugs, New Drugs, and the Right Drugs for Your High Blood Pressure EORTC Genitourinary Group Monograph 8: Treatment of Prostatic Cancer--Facts and Controversies (Progress in Clinical and Biological Research) (No. 8) Saying Good-Bye to Your Prostate: A Decidedly Outside-the-Box Journal on How to Beat Prostate Cancer and Laugh While Doing It PROSTATE REVITALIZED: REDUCE YOUR PROSTATE INFLAMMATION BY 90% WITHIN 7 DAYS Prescription Drugs: Understanding Drugs and Drug Addiction (Treatment to Recovery and Real Accounts of Ex-Addicts Volume III Prescription Drugs Edition Book 3) Abusing Over the Counter Drugs: Illicit Uses for Everyday Drugs (Illicit and Misused Drugs)

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